

Preventive Services

The following preventive services should be covered by your health plan without requiring a copayment or co-insurance or meet your deductible. This applies only when these services are delivered by a network provider.

15 Covered Preventive Services for Adults

1. **Abdominal Aortic Aneurysm** one-time screening for men of specified ages who have ever smoked
2. **Alcohol Misuse** screening and counseling
3. **Aspirin** use for men and women of certain ages
4. **Blood Pressure** screening for all adults
5. **Cholesterol** screening for adults of certain ages or at higher risk
6. **Colorectal Cancer** screening for adults over 50
7. **Depression** screening for adults
8. **Type 2 Diabetes** screening for adults with high blood pressure
9. **Diet** counseling for adults at higher risk for chronic disease
10. **HIV** screening for all adults at higher risk
11. **Immunization** vaccines for adults--doses, recommended ages, and recommended populations vary:
 - o Hepatitis A
 - o Hepatitis B
 - o Herpes Zoster
 - o Human Papillomavirus
 - o Influenza (Flu Shot)
 - o Measles, Mumps, Rubella
 - o Meningococcal
 - o Pneumococcal
 - o Tetanus, Diphtheria, Pertusis
 - o Varicella
12. **Obesity** screening and counseling for all adults
13. **Sexually Transmitted Infection (STI)** prevention counseling for adults at higher risk
14. **Tobacco Use** screening for all adults and cessation interventions for tobacco users
15. **Syphilis** screening for all adults at higher risk
16. **Hepatitis B screening** for people at high risk, including people from countries with 2% or more Hepatitis B prevalence, and U.S.-born people not vaccinated as infants and with at least one parent born in a region with 8% or more Hepatitis B prevalence.
17. **Hepatitis C screening** for adults at increased risk, and one time for everyone born 1945 – 1965
18. **Lung cancer screening** for adults 55 - 80 at high risk for lung cancer because they're heavy smokers or have quit in the past 15 years

23 Covered Preventive Services for Women, Including Pregnant Women

1. **Anemia** screening on a routine basis for pregnant women
2. **BRCA** counseling about genetic testing for women at higher risk
3. **Breast Cancer Mammography** screenings every 1 to 2 years for women over 40
4. **Breast Cancer Chemoprevention** counseling for women at higher risk
5. **Breastfeeding** comprehensive support and counseling from trained providers, as well as access to breastfeeding supplies, for pregnant and nursing women
6. **Cervical Cancer** screening for sexually active women
7. **Chlamydia Infection** screening for younger women and other women at higher risk
8. **Contraception:** Food and Drug Administration-approved contraceptive methods, sterilization procedures, and patient education and counseling, not including abortifacient drugs
9. **Domestic and interpersonal violence** screening and counseling for all women

10. **Folic Acid** supplements for women who may become pregnant
11. **Gestational diabetes** screening for women 24 to 28 weeks pregnant and those at high risk of developing gestational diabetes*
12. **Gonorrhea** screening for all women at higher risk
13. **Hepatitis B** screening for pregnant women at their first prenatal visit
14. **Human Immunodeficiency Virus (HIV)** screening and counseling for sexually active women
15. **Human Papillomavirus (HPV) DNA Test:** high risk HPV DNA testing every three years for women with normal cytology results who are 30 or older
16. **Osteoporosis** screening for women over age 60 depending on risk factors
17. **Rh Incompatibility** screening for all pregnant women and follow-up testing for women at higher risk
18. **Tobacco Use** screening and interventions
19. **Sexually Transmitted Infections (STI)** counseling for sexually active women
20. **Syphilis** screening
21. **Well-woman visits** to obtain recommended preventive services
22. **Expanded tobacco intervention** and counseling for pregnant tobacco users
23. **Urinary tract** or other infection screening

27 Covered Preventive Services for Children

1. **Alcohol and Drug Use** assessments for adolescents
2. **Autism** screening for children at 18 and 24 months
3. **Behavioral** assessments for children of all ages
Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.
4. **Blood Pressure** screening for children
Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.
5. **Cervical Dysplasia** screening for sexually active females
6. **Congenital Hypothyroidism** screening for newborns
7. **Depression** screening for adolescents
8. **Developmental** screening for children under age 3
9. **Dyslipidemia** screening for children at higher risk of lipid disorders
Ages: 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.
10. **Fluoride Chemoprevention** supplements for children without fluoride in their water source
11. **Gonorrhea** preventive medication for the eyes of all newborns
12. **Hearing** screening for all newborns
13. **Height, Weight and Body Mass Index** measurements for children
Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.
14. **Hematocrit or Hemoglobin** screening for children
15. **Hemoglobinopathies** or sickle cell screening for newborns
16. **HIV** screening for adolescents at higher risk
17. **Hypothyroidism** screening for newborns
18. **Immunization** vaccines for children from birth to age 18 —doses, recommended ages, and recommended populations vary:
 - Diphtheria, Tetanus, Pertussis
 - Haemophilus influenzae type b
 - Hepatitis A
 - Hepatitis B
 - Human Papillomavirus
 - Inactivated Poliovirus
 - Influenza (Flu Shot)
 - Measles
 - Meningococcal
 - Pneumococcal
 - Rotavirus

- Varicella

19. **Iron** supplements for children ages 6 to 12 months at risk for anemia
20. **Lead** screening for children at risk of exposure
21. **Medical History** for all children throughout development
Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.
22. **Obesity** screening and counseling
23. **Oral Health** risk assessment for young children
Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years.
24. **Phenylketonuria (PKU)** screening for this genetic disorder in newborns
25. **Sexually Transmitted Infection (STI)** prevention counseling and screening for adolescents at higher risk
26. **Tuberculin** testing for children at higher risk of tuberculosis
Ages: 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years.
27. **Vision** screening for all children

[Learn more about the U.S. Preventive Services Task Force Recommendations.](#)