

Group Life Claim Package

Table of Contents

Employer Instructions for Filing a Group Life Insurance Claim
Group Policyholder's Statement
Claimant Letter4
Access Advantage Account Program Information
How to Complete Your Beneficiary Claim Form7
Beneficiary Claim Form8
State Law Requirements 9

Employer Instructions

for Filing a Group Life Insurance Claim



Remove this page and the *Group Policyholder's Statement*

- Complete the *Group Policyholder's Statement* in full. Missing or incomplete information can delay processing of the claim.
- Include a copy of the enrollment form or beneficiary designation form.

Give the beneficiary the remaining pages of this package

- The beneficiary must complete the *Beneficiary Claim Form* in full and return it to you.
- If there is more than one beneficiary, each one must complete a separate form.
- The beneficiary must submit a death certificate. Only one death certificate is needed. The "Death Certificate" section describes what to submit.
- If the beneficiary has a funeral home assignment, please have them include the assignment with the claim form.
- If the claim is being filed by an Executor or Administrator of an Estate, he or she must sign the *Beneficiary Claim Form*, enter the Estate's Tax ID number and include copies of the appointment papers.

Death Certificate

We can accept a photocopy of the certificate in most cases. In certain circumstances we will require an original certified death certificate and not a copy.

If any of the following applies to the claim, the beneficiary will need to submit an original certified death certificate:

- Accidental death
- Homicide (murder) or suicide
- Death occurred outside of the U.S. or Canada
- Benefit amount greater than \$100,000

We may find there are circumstances not listed above that are specific to the claim that will require an original certified death certificate. If so, we will contact you and the beneficiary as quickly as possible to let you know.

If the beneficiary wants to make a funeral home assignment, please have him/her contact the funeral home directly for details.

Where to send

Send the *Group Policyholder's Statement*, enrollment form/beneficiary designation, *Beneficiary Claim Form(s)* and death certificate to:

Anthem Blue Cross Life and Health Insurance Company Life Claims Service Center P.O. Box 105448 Atlanta, GA 30348-5448

You may also fax everything to us at 1-877-305-3901 or email to lifeclaims@anthem.com. If you fax or email the claim and we require an original certified death certificate, you will need to mail the death certificate to us. Please call us with any questions at 1-800-552-2137.

ABCLH-2114 (10/14) 2

Group Policyholder's Statement Not for use by beneficiaries

Anthem Blue Cross Life and Health Insurance Company Life Claims Service Center P.O. Box 105448 Atlanta, GA 30348-5448 Phone: 1-800-552-2137 Fax: 1-877-305-3901



Any omissions may cause a delay in claim processing. Email: lifeclaims@anthem.com

Section 1: Policy a	ınd Employer Da	ata										
Group no.		OR	Case		Group				Suffix or Division			
To whom do you wish us to direct all correspondence on this claim?												
Company		To the attention of										
Mailing address			City	State	ZIP	code		Phone no.	Fax no.			
Section 2: Employee Data												
Full name of insured en		Social Security no. Birthdate (MMDDYYYY)					te (MMDDYYYY)	Date employed (MMDDYYYY)				
Amount of	Insurance	Rat	te of pay	of pay Original date of insured					Original date of insured's	s insurance with Anthem Blue Cross		
Type of insurance Ar	mount of insurance			. ,						e Company		
Basic Life \$		Job title and class no. (per life insurance schedule)										
Optional/Additional												
Supplemental Life \$		Dot	to lost worked						Date of death			
AD&D \$ Supplemental AD&D \$			te last worked (MMD	NYY)					Date of death (MMD	INVY)		
		Ш			looth?		'aa 🗆 .	la Ifvo			·//\	
Total \$	f Dramium or Darm								s, date			an of dooth?
Was claim for Waiver of Premium or Permanent & Total Disability Benefits submitted prior to death? Was insured considered a member/employee at the time of death? Yes No												
Reason for ceasing wo	rk: 🔲 Illness (i	ncludin	g disability leave of a issed	bsence) \square Le								
Section 3: Depend	ent Data – Con	plete	this section if th	is claim is for	an ins	ure	d depe	ndent				
Full name of insured dependent				Social Security no. Birthdate (MMDDYYYY)					te (MMDDYYYY)	Gender □ Male □ Female		
Street address	City					State ZIP code						
Relationship to insured			se, was he/she divord	ed If child, v	was he/s	she				If empl	oyed, was	employment
Husband Child or legally separated					Married? ☐ Yes ☐ No Employed? ☐ Yes ☐ No					☐ Full-time ☐ Part-time		
							Date employed Date of dependent's death					
	ate dependent insured under Anthem Blue Cross Was insurance terminated Amount of dependent's insurance fe and Health Insurance Company						(MMDDYY)					
Section 4: Accidental Death Claim Information												
If the group program provides an Accidental Death Benefit and death was due to an accident, please complete this section and attach copies of descriptive news articles and a police or coroner/medical examiner's report, if available.												
Date of accident or incident Was the death due to injury arising out of and during the course of employment? Yes No								loyment?				
The information given above is correct and complete according to our records.												
For New York residents, the following statement applies: Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to a civil penalty not to exceed five thousand dollars and the stated value of the claim for each violation.												
Policyholder or Employer				By (Signature and title of policyholder's authorized representative)						Date (I	MMDDYYY	Y)

Anthem Blue Cross Life and Health Insurance Company

Life Claims Service Center P.O. Box 105448 Atlanta, GA 30348-5448

Phone: 1-800-552-2137 Fax: 1-877-305-3901

Email: lifeclaims@anthem.com



Dear Claimant:

Please accept our condolences on your recent loss. We realize that this is a difficult time for you and we will do our best to make sure that your experience with us is caring, professional and timely.

We know that during a confusing time like this, even simple decisions can seem huge. And no matter how well you may have prepared, you may feel that you are forgetting something important. So we have provided you with some information that may be of help.

Enclosed are two brochures. The first, "Losing a Loved One: A list of reminders," is a list of things that may need to be taken care of in the coming months, from dealing with pets to canceling credit cards.

The second brochure describes additional benefits that are available to you at no cost through our Resource Advisor program.

Finally, in order to better meet your needs and speed the processing of your claim, we want to make sure you understand our Access Advantage program. The Access Advantage account is a program that is provided to you without cost as an additional benefit. If you elect this option, life insurance proceeds of \$10,000 or more can be deposited into your Access Advantage account, which pays competitive interest rates on the balance in your account. It is also fully guaranteed by Anthem Blue Cross Life and Health Insurance Company. If you would prefer, you can elect to receive a lump sum check mailed directly to you.

If you elect the Access Advantage account, as soon as your claim is approved, we will send your Access Advantage account kit containing a supply of your drafts. Your funds will be immediately available to you. You will have the opportunity to withdraw money as you need it, leaving the balance earning interest at competitive rates, or you may withdraw the total amount — it is all based upon your needs. Please see the attached Access Advantage information sheet for complete details of the program.

If you have questions, we encourage you to call our Life Claims Service Center at our toll-free number: 1-800-552-2137. Customer Service Representatives are available Monday through Friday, 8 a.m. to 8 p.m. ET.

Hopefully these resources will help with the many decisions and responsibilities that you may be facing at this time.

Sincerely,

Anthem Blue Cross Life and Health Insurance Company Claims

ABCH-2114 (10/14) 4

Access Advantage Account Program Information



To give you time to make important financial decisions

How does the Access Advantage account work?

If you elect to have your benefit paid by an Access Advantage account, we will deposit your life insurance proceeds into an interest bearing draft account. We'll send you an account certificate showing the amount paid to you, the current interest rate and all details of your Access Advantage account.

You will receive drafts that give you immediate access to all of your life insurance proceeds. You can write as many drafts as you wish. The only requirement is each draft must be for at least \$250. There's no charge for the account or the drafts. There are fees for certain services: stop payment, copy of drafts, returned drafts and extra statements.

You'll receive a statement each month that you have activity in your account showing your balance, all drafts written, interest credited and the current effective annual percentage yield. If your account does not have any activity, you'll receive a statement each quarter.

You may use the drafts just as you would your local bank check. The only difference is that drafts clear through an Anthem Blue Cross Life and Health Insurance Company bank account at The Bank of New York Mellon in Pittsburgh, Pennsylvania rather than your personal account.

Your funds are secure

All funds in your Access Advantage account are fully guaranteed by Anthem Blue Cross Life and Health Insurance Company for as long as they remain in your account. Anthem Blue Cross Life and Health Insurance Company has consistently received a rating of "A (Excellent)," among the highest ratings, for our stability from A.M. Best.

The Access Advantage account is not a bank account and as such is not insured by the FDIC or backed or guaranteed by any federal government agency. The principal and interest earned under the account are fully guaranteed by the state guaranty association for your state of residency. You can contact the National Organization of Life and Health Guaranty Associations (www.nolhga) to learn more about the protection provided by the guaranty association in your state.

Competitive interest rates

Access Advantage accounts earn a competitive interest rate compounded daily.

The minimum interest rate we will pay is .75 percent (3/4 of 1%). Your account earns interest at a variable rate set by Anthem Blue Cross Life and Health Insurance Company. The interest rate is based on the current money market rate with adjustments to increase the rate based on comparison to similar account types offered in the industry. The balance in your account began earning interest from the day the account was opened. Interest will be posted to your account on the last business day of the month.

Your Access Advantage Account will also earn an additional interest payment six months from the date the account was opened, and again at the one-year anniversary. This additional interest payment is equal to .25 percent (1/4 of 1%) of the balance on the date it's paid. This additional interest payment is to thank you for continuing to keep your account with us.

ABCH- 2114 (10/14) 5

Access Advantage Account Program Information



To give you time to make important financial decisions

Life insurance proceeds usually aren't subject to income tax. The interest earned on your account may be taxable. We'll send you a 1099 statement each year to show the amount of interest your account earned in excess of \$10.00.

Anthem Blue Cross Life and Health Insurance Company does not provide tax advice. Please consult a tax advisor for specific tax questions related to your Access Advantage Account.

If you'd like to know our current interest rate you can call us at 1-800-552-2137.

Important additional information

You can elect to have your benefit paid by a check instead of an Access Advantage account.

Claim payments of under \$10,000 and claim payments to a corporation or certain other entities usually are not eligible for an Access Advantage account. Under some circumstances we may be obligated to carry out a previously selected method of payment of your claim.

If the Beneficiary is an Estate or a Trust, the benefit will be paid by a check and not by the Access Advantage account. If the Beneficiary lives outside the United States, the benefit can only be paid by check.

If the Beneficiary is a minor, the benefit will be deposited into an Access Advantage account unless otherwise directed by a Guardian of the Estate or a court.

You're able to name a beneficiary for your account.

Some employers do not participate in the Access Advantage program, in which case you would be paid by check.

If your balance falls below \$250, we will close your account and send you a check for the balance including earned interest.

After an account remains inactive for two years or longer, we will attempt to contact you. If we don't receive a response from you within a reasonable time, your account balance may be transferred to the state according to your state's unclaimed property laws.

Anthem Blue Cross Life and Health Insurance Company may derive income from the total gains received on the investment of the balance of funds in the account.

The Access Advantage account is not intended to be a long-term investment vehicle. The interest will be taxable to you as income. Please consult a tax advisor if you have a tax question. We cannot provide tax advice. Also, since the Access Advantage program was designed for life insurance benefits, you cannot make additional deposits into the account.

FOR FURTHER INFORMATION, PLEASE CONTACT YOUR STATE DEPARTMENT OF INSURANCE.

ABCH-2114 (10/14) 6

How to Complete Your Beneficiary Claim Form



- If there is more than one beneficiary, each one must complete a separate form.
- You must submit a death certificate. Only one death certificate is needed. The next section describes what we can accept.
- If you have a funeral home assignment, please include the assignment with your claim form. If you want to make a funeral home assignment, contact the funeral home directly for details.
- If the claim is being filed by an Executor or Administrator of an Estate, he or she must sign the *Beneficiary Claim Form*, enter the Estate's Tax ID number and include copies of the appointment papers.

Death Certificate

You must include a copy of the death certificate with the *Beneficiary Claim Form*. We can accept a photocopy of the certificate in most cases. In certain circumstances we will require an original certified death certificate and not a copy.

If any of the following applies to your claim, please submit an original certified death certificate:

- Accidental death
- Homicide (murder) or suicide
- Death occurred outside of the U.S. or Canada
- Benefit amount greater than \$100,000

We may find there are circumstances not listed above that are specific to your claim that will require an original certified death certificate. If so, we will contact you as quickly as possible to let you know.

If you want to make a funeral home assignment, contact the funeral home directly for details.

Return the form and death certificate to the employer

The employer will send all information to us on your behalf.

Contacting us

If you have any questions, please call us at 1-800-552-2137 or email us at lifeclaims@anthem.com.

ABCH-2114 (10/14) 7

Beneficiary Claim Form



Anthem Blue Cross Life and Health Insurance Company

Life Claims Service Center P.O. Box 105448 Atlanta, GA 30348-5448 Phone: 1-800-552-2137 Fax: 1-877-305-3901

Email: lifeclaims@anthem.com

Please type or print.

For group policyholder use only		I								
Group no.		Group/Employer name								
Section 1: Claimant/Beneficiary Inform	ation									
Last name		First name			M.I.	Gender		Birthdate (MMDD		
						☐ Male ☐				
Street address		City		State Z	ZIP code		Social S	Social Security no.		
Email address		<u>I</u>	Home phone no.					Daytime phone no.		
In what capacity are you making this claim?			Claimant's rela	tionship to	o the insu	red				
☐ Beneficiary ☐ Executor ☐ Trustee	\square Other: $__$		\square Spouse \square	Child 🗆	Parent	\square Other:				
I have not been notified by the Internal Revenue Service that I am subject to backup withholding as a result of failure to report all interest or dividends, or I am exempt. Cross out this statement if you have been so notified.										
Section 2: Information about the Insur	ed (the Decea	ised)								
Last name	Last name								M.I.	
Please select only one of the options licheck. Benefit amounts less than \$10, I would like to take control of my insamount of the insurance proceeds pa supply of drafts with other materiwriting a draft for \$250 or more, and Advantage Account" for more inform supply would like a check in the full amounts.	000 will be passurance processayable to me also about my distant that Anther nation.	aid in a lump sum check. eeds and defer making lo distributed, in a single d account once my claim i n Blue Cross Life and Hea	ing-term decis listribution, int s approved. I d alth Insurance	ions while to the Ac can take	le earnin cess Adv	g interest o vantage acort of the pr	on the proce count. I und oceeds whe	eeds. I want t erstand you'll never I want	he full I mail me by simply	
Section 4: Signature and Certification										
For New York residents, the following statement applies: Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to a civil penalty not to exceed five thousand dollars and the stated value of the claim for each violation.										
I certify, under penalty of perjury, that thinformation in Section 1 is correct. I und									purposes.	
Signature					"			Date (MMDDY)	YYY)	
X										
By my signature above I acknowledge the (see following page).	at I have read	the appropriate fraud wa	rning listed for	my state	e, or if my	state is no	t listed, the	General Fraud	Warning	
For use by Anthem Blue Cross Life and Health Insurance Company only										
Examiner	Claim no.		Date approved	/denied		Tot	al (Benefit +	Interest)		

Return this form and death certificate to the employer.

If you have questions, call us at 1-800-552-2137.

37037CAMENABC Rev. 8/15

The laws of some states require us to provide you with the following information



Alabama: Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or who knowingly presents false information in an application for insurance is guilty of a crime and may be subject to restitution fines or confinement in prison, or any combination thereof.

Alaska: A person who knowingly and with intent to injure, defraud, or deceive an insurance company files a claim containing false, incomplete, or misleading information may be prosecuted under state law.

Arizona: For your protection Arizona law requires the following statement to appear on this form. Any person who knowingly presents a false or fraudulent claim for payment of a loss is subject to criminal and civil penalties.

Arkansas, Louisiana, Rhode Island, and West Virginia: Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

California: For your protection California law requires the following statement to appear on this form: Any person who knowingly presents a false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

Colorado: It is unlawful to knowingly provide false, incomplete, or misleading facts or information to an insurance company for the purpose of defrauding or attempting to defraud the company. Penalties may include imprisonment, fines, denial of insurance, and civil damages. Any insurance company or agent of an insurance company who knowingly provides false, incomplete, or misleading facts or information to a policyholder or claimant for the purpose of defrauding or attempting to defraud the policyholder or claimant with regard to a settlement or award payable from insurance proceeds shall be reported to the Colorado division of insurance within the department of regulatory agencies.

Delaware and Idaho: Any person who knowingly, and with intent to injure, defraud or deceive any insurer, files a statement of claim containing any false, incomplete or misleading information is guilty of a felony.

District of Columbia: WARNING: It is a crime to provide false or misleading information to an insurer for the purpose of defrauding the insurer or any other person. Penalties include imprisonment and/or fines. In addition, an insurer may deny insurance benefits, if false information materially related to a claim was provided by the applicant.

Florida: Any person who knowingly, and with intent to injure, defraud or deceive any insurer, files a statement of claim containing any false, incomplete or misleading information is guilty of a felony of the third degree.

Indiana: A person who knowingly and with intent to defraud an insurer files a statement of claim containing false, incomplete, or misleading information commits a felony.

Kentucky: Any person who knowingly and with intent to defraud any insurance company or other person files a statement of claim containing any materially false information or conceals, for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime.

Maine, Tennessee, Virginia, and Washington: It is a crime to knowingly provide false, incomplete or misleading information to an insurance company for the purpose of defrauding the company. Penalties may include imprisonment, fines or denial of insurance benefits.

Maryland: Any person who knowingly or willfully presents a false or fraudulent claim for payment of a loss or benefit or who knowingly or willfully presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

ABCIH- 2114 (10/14) 9

The laws of some states require us to provide you with the following information



Minnesota: A person who files a claim with intent to defraud or helps to commit a fraud against an insurer is guilty of a crime.

New Hampshire: Any person who, with a purpose to injure, defraud, or deceive any insurance company, files a statement of claim containing any false, incomplete or misleading information is subject to prosecution and punishment for insurance fraud, as provided in N.H. Rev. Stat. Ann. §638:20.

New Jersey: A person who knowingly files a statement of claim containing any false or misleading information is subject to criminal and civil penalties.

New Mexico: A person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to civil fines and criminal penalties.

New York: Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to a civil penalty not to exceed five thousand dollars and the stated value of the claim for each violation.

Ohio: Any person who, with intent to defraud or knowing that he is facilitating a fraud against an insurer, submits an application or files a claim containing a false or deceptive statement is guilty of insurance fraud.

Oklahoma: WARNING: Any person who knowingly, and with intent to injure, defraud, or deceive any insurer, makes any claim for the proceeds of an insurance policy containing any false, incomplete or misleading information is guilty of a felony.

Pennsylvania: Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

Texas: Any person who knowingly presents a false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

General Fraud Warning: Any person who knowingly and with intent to defraud any insurance company, files a statement of claim containing any false, incomplete, or misleading information may be subject to criminal penalties.

ABCIH- 2114 (10/14) 10

Losing a loved one: a list of reminders



Losing a loved one has a way of making most people feel unprepared. Suddenly, there's so much to do and worry about. What kind of burial arrangements should be made? Who is going to pay the bills? The list goes on and on. Anthem Blue Cross Life and Health Insurance Company is here to help. Use this checklist as a guide to remind you of what you need to do. It'll help you spend less time taking care of things and more time focusing on yourself and your loved ones.

What you should do immediately when a loved one dies

- Tell your family and close friends. Ask them to call others for you. Use the contact chart on the back of this sheet.
- Talk to your loved one's doctors. Should there be an autopsy? Was your loved one an organ/tissue donor?
- Find out if your loved one wrote a letter of intent or made arrangements for a funeral, cremation or burial. Were any services pre-paid?
- Contact the funeral home.

Funeral or memorial service planning

- Choose the kind of service you'd like to have and who should be billed. Be sure to check any information your loved one may have left.
- Gather your loved one's information so the funeral home can take care of a death certificate. You'll need your loved one's personal information, including birth date, home address and work background. You can also use this information for an obituary or paid death notice.
- Ask family and friends to tell others about of the service and to offer rides to anyone who might need one.
- Send an obituary or paid death notice to local papers and anywhere else you'd like to publish it.
- Get the advice of the funeral home to decide how many death certificates you'll need.
- If your loved one was a police officer or in the military, contact local representatives. They often provide special funeral services.

Help is a phone call away with Beneficiary Companion

Beneficiary Companion, provided by Europ Assistance USA*, is a service that can help you with paperwork and phone calls when a loved one dies. It's available at no extra cost to you. Beneficiary Companion will help you let third parties know of your loved one's death — people and companies that aren't immediate family or friends, like the phone company, bank and cable company. And they'll work to protect your loved one from identity theft. Call Beneficiary Companion at 1-866-295-4890.

*Europ Assistance USA is an independent company providing Beneficiary Companion services on behalf of Anthem Blue Cross Life and Health Insurance Company.

Losing a loved one: a list of reminders



Family and household issues

- Figure out who will take care of your loved one's dependents.
- If your loved one had any pets, decide who will take them.
- If there are any outstanding bills due for the month like mortgage, rent or utilities, have someone pay them or decide how they will be handled.
- If the house is empty, arrange for a house sitter or put timers on the lights and TV. Plan for mail pickup and cancel newspaper delivery. Remove any valuables such as jewelry, small antiques and wallets.
- Find your loved one's calendar and cancel scheduled appointments.
- Cancel services such as meal deliveries, home health aides or volunteers.

Personal and financial matters

• Find important documents, including:

- Deeds - Licenses

- Disability claims - Military certificates

Financial recordsTax returns

- Identification papers - Titles

Insurance policiesWill or living trust

- Contact the attorney and/or executor named in the will to handle the probate court and estate matters.
- Check all insurance policies for death-related benefits.
- Transfer assets and property titles like a car title to your name if you're a surviving spouse, partner or dependent.

- Contact an accountant or tax advisor about how to file taxes now that your loved one is gone. If you need help preparing a budget or figuring out the value of your assets, ask.
- Open an individual bank account if you're a surviving spouse or partner.
- Find any safe deposit box(es).
- Contact insurance agents to change your policies and beneficiaries, if necessary.
- Cancel your loved one's individual credit cards; but don't remove the name from joint accounts for six months.
- Change all home utilities to your name if you shared a household with your loved one.
- Update your will and think about preparing your own funeral or memorial pre-arrangements.

Other benefits

- Find out if you're entitled to any benefits through social or fraternal organizations, unions, mortgage companies and credit cards.
- Tell Social Security of your loved one's passing and file for any death or survivor benefits that may apply: 1-800-772-1213.
- If your loved one was a veteran, contact the U.S. Department of Veterans Affairs for benefits: 1-800-827-1000 or va.gov.

Employment issues

- Contact your loved one's employer about benefits, unpaid compensation and retirement/ investment accounts.
- Ask about any unused vacation or personal time, unpaid commissions or bonuses and anything else that might be owed to your loved one.

People to contact

Name	Phone number	Name	Phone number

Resource Advisor

Support when you lose a loved one



When you've experienced a loss, Resource Advisor can give you the support that's so important during a difficult time. Resource Advisor from Anthem Blue Cross Life and Health Insurance Company is designed to help you manage issues before they become an emotional or financial burden.

Support in a time of need

The Resource Advisor program offers you consultations with financial, legal and mental health professionals, available up to six months after your loss at no extra charge.¹

We can arrange up to three face-to-face visits with a licensed mental health professional for grief counseling and help with any issues you're facing.

Resource Advisor also offers you the services of legal and financial professionals. The legal consultations are face-to-face and the financial professional consultations by the phone. Each visit must be for a separate concern.

For confidential help 24 hours a day, seven days a week, and to schedule consultations, call toll-free **1-888-209-7840**.

Online services to help any time

You can also get confidential access to work and life resources on www.ResourceAdvisor.anthem.com, such as:

- Tips on dealing with emotions and advice on handling difficult life events, like losing a loved one
- Links to online resources for coping with grief and loss
- An extensive Personal Concerns Library with many topics related to grief and loss
- Information for parents to help children deal with grief
- An online depression screening tool and tips on dealing with depression
- Online childcare finder and eldercare finder tools
- Online financial calculators and tools
- Information on dealing with identity theft

Beneficiary Companion

Beneficiary Companion can help you with guidance and assistance to protect your loved one's estate. And there's no extra cost to you for these services.²

Call Beneficiary Companion at **1-866-295-4890** for help with:

- Getting copies of death certificates
- Notifying accounts, creditors and other agencies
- Closing accounts and notifying financial institutions
- Public agency notification
- Placing a freeze on your loved one's credit report to protect against its use or opening new accounts

(Closing all finances and accounts makes it easier for an attorney to process and distribute funds.)

Helping children deal with loss



Anthem Blue Cross Life and Health Insurance Company would like to provide the children in your life a copy of The Healing Book — Facing the Death — and Celebrating the Life — of Someone You Love, a children's book to help them deal with loss.

This sensitive book helps young children understand the grieving process. To get a copy of this book, at no extra charge to you, log on to the Resource Advisor website and choose **Beneficiary Services**. Then choose **The Healing Book**, enter your shipping information and we'll send a copy of the book to the child.



Resource Advisor



For toll-free, 24/7 help by phone and referral services, call **1-888-209-7840** or visit **www.ResourceAdvisor.anthem.com** and log in with your program name: AnthemResourceAdvisor

Life products underwritten by Anthem Blue Cross Life and Health Insurance Company, an independent licensee of the Blue Cross Association. ANTHEM is a registered trademark of Anthem Insurance Companies, Inc. The Blue Cross name and symbol are registered marks of the Blue Cross Association.

¹ The Resource Advisor program is available to beneficiaries of Anthem Blue Cross Life and Health Insurance Company policyholders and costs nothing additional for its use by qualified beneficiaries.

² Beneficiary Companion services are provided by Europ Assistance USA.